

## Some brand new dishes and menu from the restaurant in 2013.

### We hope you enjoy!

512. **Lhasa home style chicken** ..... 西藏家常雞 € 15,50  
(Tibetan chicken legs with curry sauce and masala. As a home dish,  
it is popular in the capital city Lhasa.)
513. **Tibetan sham DEA** ..... 西藏手抓飯 € 15,50  
(Rice with beef or lamb or vegetable, potato and special Tibetan herbs.  
Do you dare to eat with your fingers as Tibetan people do?)
514. **Tibetan SHA PHALA** ..... 西藏肉餅 € 13,50  
(SHA in Tibetan means meat, and PHALA means bread. Apparently, SHA  
PHALA is a special dish which is made of fried bread with beef in it and  
special herbs )
515. **Lhasa crystal rice noodle (warm or cold)** ..... 西藏涼粉 € 12,50  
(Normally, this is a vegetarian dish. We serve it warm or cold as you wish.  
In addition, feel free to ask put meat in it)
516. **Tibetan red bean Masala** ..... 西藏咖喱雜燴 € 12,50  
(This is absolutely vegetarian dish from Tibetan monastery. We combine  
red bean with vegetables in Tibetan special red curry sauce.)

### Group Menu

*We are very welcome you  
as a group, enjoy our  
starter menu in the  
afternoon. It's party time!*

#### 1. Starter Menu per person € 17,50

*Spring rolls (3 pieces)  
Beef momos (3 pieces)  
Spicy spare-ribs (1 plate)  
Prawn sesame seed (3 pieces)  
Coffee or tea*

#### 2. Vegetarian Menu per person € 25,00

*(Served with salad and rice)*

*Vegetable soup / Groentensoep  
Vegetable momos / Groenten momos  
Tibetan Spicy vegetable / Tibetaanse pikant groenten  
Tibetan Spicy eggplant / Tibetaanse pikant aubergine  
Tibetan red bean with Masala  
Coffee or Tea / Koffie of Thee  
(Feel free to ask for more choices from  
our special vegetarian dishes)*

*This is of course a brand  
new menu. We mix all  
kinds of vegetables and  
sauce from Tibet  
monestary. Explore the  
real Tibetan culture!*

## SOME SPECIAL DISH OF OUR CHEF

&

## SOME SELECTED DISH FROM TIBETAN COUSIN CULTURE

1. **Tibetan special sizzling pork** .....鐵板回鍋肉 € 15,50  
*(Chef said this dish he prepared in top quality taste, is it or not? Waiting for you Judgment)*
2. **Lhasa special Amala (Elderly lady bean curd(tofu))** .....麻婆豆腐 € 13,50  
*(Long time ago it is said in the barkhor street, there used to be an amala who used to sell a particular bean curd dish, which later became very famous in the cousin history of Tibet)*
3. **Special Lhasa beef** .....粉蒸牛肉 € 16,00  
*(It has been prepared with 15 different food products. This is one selected dish in Tibetan cousin culture.)*
4. **Tibetan three treasures** .....地三鮮 € 13,50  
*In Tibet, we don't have much vegetable but we do have a lots of potatoes, eggplant and paprika, our chef is proud of it as his top quality cooked dish.)*
5. **Khamba fish** .....水煮魚 € 19,50  
*(Of course spicy and strong taste, Tibetan people say that having this particular dish, man become stronger and the women become more beautiful.)*
6. **Sichuan special pork** .....魚香肉絲 € 14,50  
*(It is mostly used to be served in Chinese royal family; It is known by another name too which is called Chinese palace special pork. The chef said you would love it as much as Chinese people do.)*
7. **Tibet people's bean curd** .....碎肉豆腐 € 14,50  
*It is prepared with pieces of pork and bean curd. The chef is proud to serve this dish. Actually he is proud of all his dishes. Our chef is a funny person)*
8. **Sweet and Sour Mystery Dish** .....糖醋藕片 € 12,50  
*(This is a root vegetable of the lotus. This dish is only found in Asia historically. It used to be served only in the most important temple. People in Tibet say this dish makes an example of human body and soul. This sentimental dish depicts romance)*

501. **Tibetan Amdo Beef Curry** ..... 咖哩土豆牛 € 14,50  
*(In Tibet we don't have much variety of vegetable but we do have a lot of potato, we mix potato with Beef and curry sauce. It's that we can't serve u yak meat over here.)*
502. **Tibetan Khamba Beef (or chicken, or pork)** ..... 水煮牛 € 15,50  
*(Sure it's spicy, if you like spicy food then it will be the right choice for u. Tibetan people like spicy. But European people? Not very spicy. This dish is popular among Tibetan people.)*
503. **Tibetan Hand Picked Vegetable** ..... 手辦辣白菜 € 13,50  
*(It's a special spicy cabbage, it's been found tasty by so many client of our restaurant. It's a fusion of Chinese and Tibetan sauce.)*
504. **Tibetan Palace Slice Pork** ..... 京都肉絲 € 14,50  
*(Special sweet taste with white onion, beautiful colour. Best dish in the world.) (my personal feeling.)*
505. **Volcano Pork** ..... 鍋巴肉片 € 15,50  
*(It's never been served before in Europe, it's the sweetest and most special pork dish ever made) (it's a surprise dish)*
508. **Grassland Pearl Dish** ..... 芥蘭蝦 € 18,50  
*(It's with broccoli with big prawn combined comes out a beautiful colour, special chef says the first is colour, the second is smelling and third is the taste.)*
509. **Tibetan Hot Pot** ..... 豆腐煲 € 14,50  
*(When the winter arrives this dish is special, It Is served above a burning flame. You have mixed vegetable, bean curd or vegetable with lamb or beef, Its been boiling. Just imagine how it looks like?) (warm)*
510. **Tibetan Salad** ..... 拌三絲 € 9,50  
*(It's a strange taste, with Tibetan traditional food (champ). It's so good and yummy. With rice is it good?) (Your comment is what we need in this dish)*
511. **Chinese Green Vegetable in spicy sauce** ..... 炆炒菜心 € 13,00

**We hope you will like the new dishes of our restaurant. Enjoy your meal,  
with the kindest regards —The Chef**

# WELCOME TO TIBETAN RESTAURANT

## Starters / Voorgerechten

- |    |                                                                                 |      |        |
|----|---------------------------------------------------------------------------------|------|--------|
| 0. | Vegetable Momo (4 pieces) / Vegetarisch Momo (4 stuks) .....                    | 菜包子  | € 5,50 |
| 1. | Spring rolls (3 pieces) / <i>Loempia's</i> (3 stuks) .....                      | 春卷   | € 3,50 |
| 2. | Fried Wan Tan (4 pieces) / <i>Gebakken Wan Tan</i> (4 stuks) .....              | 炸雲吞  | € 3,50 |
| 3. | Prawn dumpling (4 pieces) / <i>Garnalen dumplings</i> (4 stuks) .....           | 蝦餃   | € 6,50 |
| 4. | Prawn sesame seed (4 pieces) /<br><i>Garnalen met sesamzaad</i> (4 stuks) ..... | 芝麻蝦  | € 7,00 |
| 5. | Special fried dumplings (4 pieces) .....                                        | 鍋貼   | € 6,00 |
|    | <i>Speciaal gebakken dumplings</i> (4 stuks)                                    |      |        |
| 6. | Fried dumplings (4 pieces) / <i>Gebakken dumplings</i> (4 stuks) ....           | 炸包子  | € 6,00 |
| 7. | Special spicy dumplings (6 pieces) .....                                        | 紅油水餃 | € 6,50 |
|    | <i>Speciale pikante dumplings</i> (6 stuks)                                     |      |        |
| 8. | Special spicy spareribs / <i>Speciale pikante spareribs</i> .....               | 小辣排骨 | € 7,00 |

## Soups / Soepen

- |     |                                                  |     |        |
|-----|--------------------------------------------------|-----|--------|
| 9.  | Vegetable soup / <i>Groentensoep</i> .....       | 菜湯  | € 4,00 |
| 10. | Tomato-Egg soup / <i>Tomaten-Ei soep</i> .....   | 蕃茄湯 | € 4,00 |
| 11. | Beancurd soup / <i>Tofu soep</i> .....           | 豆腐湯 | € 4,00 |
| 12. | Sweetcorn soup / <i>Maïssoep</i> .....           | 粟米湯 | € 5,00 |
| 13. | Mushroom soup / <i>Champignonsoep</i> .....      | 冬菇湯 | € 5,00 |
| 14. | Spicy sour soup / <i>Pikante zure soep</i> ..... | 酸辣湯 | € 5,00 |
| 15. | Tibetan soup / <i>Tibetaanse soep</i> .....      | 西藏湯 | € 5,00 |
| 16. | Wan-Tan soup / <i>Wan-Tan soep</i> .....         | 雲吞湯 | € 5,00 |
| 17. | Chicken soup / <i>Kippensoep</i> .....           | 雞湯  | € 5,00 |

## Noodle Soup / Noedelsoep

- |     |                                                               |      |         |
|-----|---------------------------------------------------------------|------|---------|
| 18. | Vegetable noodle soup / <i>Groenten noedelsoep</i> .....      | 菜湯麵  | € 8,50  |
| 19. | Spicy sour noodle soup / <i>Pikante zure noedelsoep</i> ..... | 酸辣湯麵 | € 8,50  |
| 20. | Chicken noodle soup / <i>Kippen noedelsoep</i> .....          | 雞湯麵  | € 9,50  |
| 21. | Wan-Tan noodle soup / <i>Wan-Tan noedelsoep</i> .....         | 雲吞湯麵 | € 9,50  |
| 22. | Prawn noodle soup / <i>Noedelsoep met garnalen</i> .....      | 大蝦湯麵 | € 12,50 |
| 23. | Beef noodle soup / <i>Rundvlees noedelsoep</i> .....          | 牛湯麵  | € 9,50  |

## WELCOME TO TIBETAN RESTAURANT

### Tibetan Special Momos / *Tibetaanse Speciaal Momos*

|     |                                                                                  |      |         |
|-----|----------------------------------------------------------------------------------|------|---------|
| 24. | Tibetan spicy soup momos / <i>Tibetaanse pikante soep momos</i> ..               | 紅油抄手 | € 6,50  |
| 25. | Tibetan soup momos / <i>Tibetaanse soep momos</i> .....                          | 清湯抄手 | € 6,50  |
| 26. | Tibetan beef momos / <i>Tibetaanse rundvlees momos</i> .....                     | 牛肉包子 | € 11,50 |
| 27. | Tibetan Vegetable momos / <i>Tibetaanse groenten momos</i> .....                 | 菜包子  | € 11,50 |
| 28. | Tibetan special fried momos /<br><i>Tibetaanse speciaal gebakken momos</i> ..... | 鍋貼   | € 12,50 |
| 29. | Tibetan fried momos / <i>Tibetaanse gebakken momos</i> .....                     | 炸包子  | € 12,50 |
| 30. | Tibetan spicy dumpling / <i>Tibetaanse pikante dumpling</i> .....                | 紅油水餃 | € 11,50 |

### Fried Noodles and Fried Rice / *Bami en Nasi Gerechten*

|      |                                                                                            |      |         |
|------|--------------------------------------------------------------------------------------------|------|---------|
| 31A. | Fried noodles with vegetables / <i>Bami met groenten</i> .....                             | 菜炒麵  | € 9,50  |
| B.   | Fried rice with vegetables / <i>Nasi met groenten</i> .....                                | 菜炒飯  | € 8,50  |
| 32A. | Fried noodles with chicken and vegetables /<br><i>Bami met kip en groenten</i> .....       | 雞炒麵  | € 10,50 |
| B.   | Fried rice with chicken / <i>Nasi met kip</i> .....                                        | 雞炒飯  | € 10,50 |
| 33A. | Fried noodles with beef and vegetables /<br><i>Bami met rundvlees en groenten</i> .....    | 牛炒麵  | € 12,50 |
| B.   | Fried rice with beef and vegetables / .....                                                | 牛炒飯  | € 12,50 |
|      | <i>Nasi met rundvlees en groenten</i>                                                      |      |         |
| 34A. | Fried noodles with pork and vegetables /<br><i>Bami met varkensvlees en groenten</i> ..... | 豬炒麵  | € 11,50 |
| B.   | Fried rice with pork and vegetables /<br><i>Nasi met varkensvlees en groenten</i> .....    | 豬炒飯  | € 11,50 |
| 35A. | Fried noodles with prawns and vegetables /<br><i>Bami met garnalen en groenten</i> .....   | 大蝦炒麵 | € 12,50 |
| B.   | Fried rice with prawns and vegetables /<br><i>Nasi met garnalen en groenten</i> .....      | 大蝦炒飯 | € 12,50 |
| 36A. | Tibetan fried noodles / <i>Tibetaanse Bami</i> .....                                       | 西藏炒麵 | € 13,50 |
| B.   | Tibetan fried rice / <i>Tibetaanse Nasi</i> .....                                          | 西藏炒飯 | € 13,50 |
| 603. | Fried rice special .....                                                                   | 揚州炒飯 | € 12,50 |

### Special Roasted Dishes / *Speciaal Geroosterd Gerechten*

(Rice is served with every meal / *Rijst is bij de maaltijd inbegrepen*)

|     |                                                                                                                                   |     |         |
|-----|-----------------------------------------------------------------------------------------------------------------------------------|-----|---------|
| 38. | Steamed rice with roasted chicken, pork, crispy pork and vegetables /<br><i>Tibetaanse speciaal Moksi met rijst</i> .....         | 宵夜飯 | € 11,00 |
| 39. | Tibetan fried noodles with roasted chicken, pork, crispy pork and vegetables /<br><i>Tibetaanse speciaal Moksi met bami</i> ..... | 宵夜麵 | € 12,00 |
| 40. | Roasted chicken with vegetables / <i>Geroosterde kip met groenten</i>                                                             |     | € 12,00 |
| 43. | Roasted duck, chicken, pork, crispy pork and vegetables /<br><i>Geroosterd eend, kip, mager krokant varkensvlees en groenten</i>  | 宵夜肉 | € 14,50 |

## Special Roasted Duck / Speciaal Geroosterde Eend

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

- |     |                                                                                   |     |         |
|-----|-----------------------------------------------------------------------------------|-----|---------|
| 44. | Tibetan duck / <i>Tibetaanse eend</i> .....                                       | 西藏鴨 | € 14,50 |
| 45. | Peking duck / <i>Peking eend</i> .....                                            | 北京鴨 | € 14,50 |
| 46. | Stir fried smoked duck with ginger /<br><i>Roergebakken eend met gember</i> ..... | 蔥爆鴨 | € 14,50 |
| 47. | Duck with pineapple / <i>Eend met ananas</i> .....                                | 菠蘿鴨 | € 14,50 |
| 48. | Sweet sour duck / <i>Zoetzuur eend</i> .....                                      | 糖醋鴨 | € 14,50 |
| 49. | Sizzling duck / <i>Sizzling eend</i> .....                                        | 鐵板鴨 | € 16,50 |

## Vegetarian Dishes / Vegetarische Gerechten

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)










- |     |                                                                                         |      |         |
|-----|-----------------------------------------------------------------------------------------|------|---------|
| 51. | Sweet sour vegetables / <i>Zoetzure groenten</i> .....                                  | 糖醋菜  | € 12,50 |
| 52. | Fried mixed vegetable / <i>Gemengde groenten</i> .....                                  | 什菜   | € 12,50 |
| 55. | Tibetan spicy vegetable / <i>Tibetaanse pikante groenten</i> .....                      | 藏辣白菜 | € 12,50 |
| 57. | Fried broccoli / <i>Gebakken broccoli</i> .....                                         | 炒芥蘭  | € 12,50 |
| 58. | Potato with curry sauce / <i>Aardappel met kerriesaus</i> .....                         | 咖哩土豆 | € 12,50 |
| 59. | Tibetan fried potato / <i>Tibetaanse gebakken aardappel</i> .....                       | 土豆絲  | € 12,50 |
| 60. | Tibetan special spicy eggplant /<br><i>Tibetaanse speciale pikante aubergines</i> ..... | 魚香茄子 | € 12,50 |
| 61. | Sizzling eggplant / <i>Sizzling aubergines</i> .....                                    | 鐵板茄子 | € 14,50 |

## Bean Curd Dishes / Tofu Gerechten

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

- |     |                                                                                      |      |         |
|-----|--------------------------------------------------------------------------------------|------|---------|
| 62. | Fried beancurd with vegetables / <i>Gebakken tofu met groenten</i> .....             | 青菜豆腐 | € 12,00 |
| 64. | Dry spicy beancurd with vegetables /<br><i>Droge pikante tofu met groenten</i> ..... | 辣子豆腐 | € 12,00 |
| 66. | Beancurd with shrimps and vegetables /<br><i>Tofu met garnalen en groenten</i> ..... | 蝦仁豆腐 | € 15,50 |
| 67. | Beancurd with silver fungus / <i>Tofu met zilver schimmel</i> .....                  | 木耳豆腐 | € 12,00 |

## Tibetan Dishes / *Tibetaanse Gerechten*

-  Tibetan lamb (106), or beef (095), or chicken (082) or pork (073)  
*Tibetaanse lamsvlees, of rundvlees, of kip, of varkensvlees*  
西藏羊，或牛，或雞，或豬肉
-  Tibetan special lamb (107), or beef (096), or chicken (083) or pork (074)  
*Tibetaan speciale lamsvlees, of rundvlees, of kip, of varkensvlees*  
西藏特別羊，或牛，或雞，或豬肉
-  Tibetan popular lamb (111) special, or beef (100)  
*Tibetaanse populaire lamsvlees SPECIAAL of rundvlees*  
西藏流行羊，或牛
-  Tibetan folk beef (099), or lamb (108), or chicken (099)  
*Tibetaanse volk rundvlees, of lamsvlees, of kip*  
西藏麻辣牛，西藏幹煸羊，西藏椒鹽雞
-  Tibetan lamb (110), or beef (104), or pork (154) with green and red pepper  
*Tibetaanse lamsvlees, of rundvlees, of varkensvlees met paprika*  
西藏青椒豆豉羊，西藏青椒豆豉牛，西藏青椒豆豉豬肉
-  Tibetan special sweet sour pork (077), or chicken (085)  
*Tibetaanse speciale zoetzure varkensvlees, of kip*  
西藏糖醋豬肉，西藏糖醋雞
-  Tibetan fried spicy lamb (109), or chicken (089) with onion  
*Tibetaans gebakken pikante lamsvlees, of kip met uien*  
蔥爆羊，或雞
-  Tibetan Caveman style beef (098)  
*Tibetaanse Holbewoner stijl rundvlees*  
西藏酸菜牛
-  Tibetan chicken (089) with sesame seed  
*Tibetaanse kip met sesamzaad*  
西藏芝麻雞
- all chicken dish € 13,50  
all beef dish € 15,50  
all pork dish € 14,50  
all lamb dish € 16,50

*(Si-chuan food is one of the four famous food schools in Chinese cookery. It's a crystallization of Si-chuan cookery characterized by having light and strong. Hot and peppery flavor, and known as "One dish one taste, hundred dishes hundred tastes". It has been highly honored as the best taste all over the world.)*

### **Sichuan Dishes / Sichuan Gerechten**



Sichuan beef (141), or chicken (157)

*Sichuan rundvlees, of kip*

四川牛，四川雞



Sichuan spicy pork (152), or chicken (158) with peanuts

*Sichuan pikante varkensvlees, of kip me pinda's*

宮保豬肉，宮保雞



Sichuan spicy beef (144) or pork (153), or chicken (158) with cashewnuts

*Sichuan pikante rundvlees, of varkensvlees, of kip met cashewnoten*

腰果牛，腰果雞，腰果豬肉



Sichuan beef (102), or pork (076), or chicken (163) with vegetables

*Sichuan rundvlees, of varkensvlees, of kip met groenten*

雜菜牛，雜菜豬肉，雜菜雞



Sichuan Chilli lamb (112), or chicken (162), or pork (156)

*Sichuan Pikante lamsvlees, of kip, of varkensvlees*

辣椒羊，辣椒雞，辣椒豬肉



Curry chicken (086) or pork (075) sauce

*Kip of varkensvlees met kerriesaus*

咖喱雞，咖喱豬肉

all chicken dish € 13,50

all beef dish € 15,50

all pork dish € 14,50



## Sizzling Dishes / Sizzling Gerechten

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

|      |                                                      |     |         |
|------|------------------------------------------------------|-----|---------|
| 118. | Sizzling chicken/ <i>Sizzling kip</i> .....          | 鐵板雞 | € 14,50 |
| 119. | Sizzling beef / <i>Sizzling rundvlees</i> .....      | 鐵板牛 | € 16,50 |
| 120. | Sizzling pork / <i>Sizzling varkensvlees</i> .....   | 鐵板肉 | € 14,50 |
| 121. | Sizzling vegetables / <i>Sizzling groenten</i> ..... | 鐵板菜 | € 13,50 |
| 122. | Sizzling fish / <i>Sizzling vis</i> .....            | 鐵板魚 | € 19,50 |
| 123. | Sizzling prawn / <i>Sizzling garnalen</i> .....      | 鐵板蝦 | € 19,50 |
| 124. | Sizzling lamb/ <i>Sizzling lamsvlees</i> .....       | 鐵板羊 | € 17,50 |

## Fish Dishes / Vis Gerechten

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

|       |                                                             |     |         |
|-------|-------------------------------------------------------------|-----|---------|
| 124a. | Sweet sour fish / <i>Vis in zoetzuur saus</i> .....         | 糖醋魚 | € 19,50 |
| 125.  | Steam fish / <i>Gestoomde vis</i> .....                     | 清蒸魚 | € 20,50 |
| 127.  | Ginger flavoured fish / <i>Vis met gember</i> .....         | 蔥爆魚 | € 20,50 |
| 129.  | Lemon fish / <i>Vis met citroen</i> .....                   | 檸檬魚 | € 18,50 |
| 130.  | Tibetan special fish / <i>Tibetaanse speciale vis</i> ..... | 西特魚 | € 19,50 |

## Prawn Dishes / Garnalen Gerechten

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

|      |                                                                                          |       |         |
|------|------------------------------------------------------------------------------------------|-------|---------|
| 132. | Tibetan crispy prawn / <i>Tibetaanse krokante garnalen</i> .....                         | 西藏炸蝦  | € 20,50 |
| 133. | Tibetan deep fried prawn / <i>Tibetaanse gefrituurde garnalen</i> .....                  | 椒鹽蝦   | € 20,50 |
| 134. | Spicy sauce prawn / <i>Garnalen in pikante saus</i> .....                                | 辣椒蝦   | € 19,50 |
| 135. | Sweet sour prawn / <i>Garnalen in zoetzuursaus</i> .....                                 | 糖醋蝦   | € 18,50 |
| 136. | Prawn with cashewnuts/ <i>Garnalen met cashewnoten</i> .....                             | 腰果蝦   | € 19,50 |
| 137. | Curry prawn / <i>Garnalen met kerriesaus</i> .....                                       | 咖哩蝦   | € 19,50 |
| 138. | Lemon prawn / <i>Garnalen met citroen</i> .....                                          | 檸檬蝦   | € 19,50 |
| 139. | Prawn with celery en cashew nuts /<br><i>Garnalen met Selderij met cashewnoten</i> ..... | 芹菜腰果蝦 | € 19,50 |
| 140. | Prawn with vegetables / <i>Garnalen met groenten</i> .....                               | 什菜蝦   | € 18,50 |

**Tibetan Complete Menu (A) for one person € 20,00**

Tibetan soup / *Tibetaanse soep*

Spring rolls / *Loempia's*

Tibetan chicken / *Tibetaanse kip*

Peking duck / *Peking eend*

Coffee or Tea / *Koffie of Thee*

**Tibetan Complete Menu (B) for one person € 20,00**

Sweet corn soup / *Maissoep*

Fried Wan-Tan / *Gebakken Wan-Tan*

Tibetan special beef / *Tibetaanse speciale rundvlees*

Chicken with vegetables / *Kip met groenten*

Coffee or Tea / *Koffie of Thee*

**Tibetan Complete Menu (C) for one person € 25,00**

Vegetable soup / *Groentensoep*

Fried wantan / *Gebakken wantan*

Sweet sour fish / *Vis in zoetzuursaus*

Sizzling lamb / *Sizzling lamsvlees*

Coffee or Tea / *Koffie of Thee*

**Tibetan Complete Menu (D) for one person € 20,00**

Tibetan soup / *Tibetaanse soep*

Spring rolls / *Loempia's*

Tibetan chicken / *Tibetaanse kip*

Curry Pork / *Varkensvlees met kerriesaus*

Coffee or Tea / *Koffie of Thee*

**Sichuan Complete Menu for 2 persons € 42,00**

Sichuan soup / *Sichuan soep*  
Prawn dumplings / *Garnalen dumplings*  
Sichuan beef / *Sichuan rundvlees*  
Sichuan pork / *Sichuan varkensvlees*  
Spicy chicken with peanuts / *Pikante kip met pinda's*  
Fried seasonal vegetables / *Gemengde groenten*  
Coffee or Tea / *Koffie of Thee*

**Sichuan Complete Menu for 3 persons € 75,00**

Sichuan soup / *Sichuan soep*  
Prawn dumplings / *Garnalen dumplings*  
Dry roasted beef / *Droge geroosterd rundvlees*  
Pork with cashewnuts / *Varkensvlees met cashewnoten*  
Sichuan chicken / *Sichuan kip*  
Lemon prawn / *Garnalen met citroen*  
Peking spicy vegetables / *Peking pikante groenten*  
Ice-cream / *IJs*

**Sichuan Complete Menu for 4 persons € 105,00**

Sichuan soup / *Sichuan soep*  
Prawn dumplings / *Garnalen dumplings*  
Spicy chicken with peanuts / *Pikante kip met pinda's*  
Sichuan homestyle pork / *Sichuan huisstijl varkensvlees*  
Beef with green pepper and black beans / *Rundvlees met paprika en zwarte bonen*  
Ginger flavoured fish / *Vis met gember*  
Sizzling prawn / *Sizzling garnalen*  
Sichuan spicy vegetables / *Sichuan pikante groenten*  
Bottle of Wine / *Een fles wijn*

**Special Complete Menu for 2 persons € 54,00**

Wan-Tan soup / *Wan-Tan soep*  
Prawn dumplings / *Garnalen dumplings*  
Sizzling prawn / *Sizzling garnalen*  
Sichuan chicken / *Sichuan kip*  
Sizzling Beef / *Sizzling rundvlees*  
Two glasses of wine / *Twee glas wijn*  
*Fried rice or noodles*

**Special Complete Menu for 6 persons € 156,00**

Wan-Tan soup / *Wan-Tan soep*  
Prawn dumplings / *Garnalen dumplings*  
Caveman style lamb / *Holbewoner stijl lamsvlees*  
Tibetan popular pork SPECIAL / *Tibetaanse populaire varkensvlees SPECIAAL*  
Peking duck / *Peking eend*  
Sizzling chicken / *Sizzling kip*  
Deep fried prawn / *Gefrituurde garnalen*  
Ginger flavoured fish / *Vis met gember*  
Sichuan beef / *Sichuan rundvlees*  
Fried seasonal vegetables / *Gemengde groenten*  
Bottle of wine / *Een fles wijn*

*We also serve Tibetan Complete Menu for 4 persons  
Please ask the waiter for more information. Thank you!*

*Thanks for visiting again!  
Tot ziens!*

**Tibetan Complete Menu for 2 persons € 42,00**

Tibetan soup / *Tibetaanse soep*  
Tibetan momo / *Rundvlees en groenten*  
Tibetan fried rice / *Tibetaanse gebakken rijst*  
Sweet sour chicken / *Zoetzure kip*  
Tibetan family beef / *Tibetaanse familie rundvlees*  
Tibet spicy vegetables / *Pikante groenten*  
Coffee or Tea / *Koffie of Thee*

**Tibetan Complete Menu for 3 persons € 75,00**

Tibetan soup / *Tibetaanse soep*  
Tibetan momo / *Rundvlees en groenten*  
Curry chicken / *Kip in kerriesaus*  
Tibet beef / *Tibetaanse rundvlees*  
Lamb casserole / *Lamsvlees uit de stoofpot*  
Tibetan family pork / *Tibetaanse familie varkensvlees*  
Fried seasonal vegetables / *Gemengde groenten*  
Ice-cream with lychees / *IJs met lychees*

**Tibetan Complete Menu for 5 persons € 130,00**

Tibetan soup / *Tibetaanse soep*  
Tibetan momo / *Garnalen dumplings*  
Dry roasted lamb / *Droge geroosterd lamsvlees*  
Tibetan special beef / *Tibetaanse speciale rundvlees*  
Sizzling chicken / *Sizzling kip*  
Tibetan family pork / *Tibetaanse familie varkensvlees*  
Deep fried prawn / *Gefrituurde garnalen*  
Ginger flavoured fish / *Vis met gember*  
Fried seasonal vegetables / *Gemengde groenten*  
Bottle of wine / *Een fles wijn*

## Tibetan Dishes / Tibetaanse Gerechten

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

### Pork / Varkensvlees

- |     |                                                               |        |         |
|-----|---------------------------------------------------------------|--------|---------|
| 73. | Tibetan pork / Tibetaanse varkensvlees .....                  | 西藏豬肉   | € 14,50 |
| 74. | Tibetan special pork / Tibetaanse speciale varkensvlees ..... | 西藏特別豬肉 | € 14,50 |
| 75. | Curry pork / Varkensvlees met kerrievlees .....               | 咖喱豬肉   | € 14,50 |
| 76. | Pork with vegetables / Varkensvlees met groenten .....        | 什菜豬肉   | € 14,50 |
| 77. | Sweet sour pork / Zoetzure varkensvlees .....                 | 甜酸豬肉   | € 14,50 |

### Chicken / Kip

- |     |                                                                             |        |         |
|-----|-----------------------------------------------------------------------------|--------|---------|
| 82. | Tibetan chicken / Tibetaanse kip .....                                      | 西藏雞肉   | € 13,50 |
| 83. | Tibetan special chicken / Tibetaanse speciale kip .....                     | 西藏特別雞肉 | € 13,50 |
| 85. | Sweet sour chicken / Zoetzure kip .....                                     | 糖醋雞肉   | € 13,50 |
| 86. | Curry chicken / kip met kerriesaus .....                                    | 咖喱雞肉   | € 13,50 |
| 89. | Tibetan chicken with sesame seed /<br>Tibetaanse kip met sesamzaad .....    | 西藏芝麻雞肉 | € 13,50 |
| 90. | Tibetan spicy chicken with onion /<br>Tibetaanse pikante kip met uien ..... | 西藏蔥爆雞肉 | € 13,50 |

### Beef / Rundvlees

- |      |                                                                                 |        |         |
|------|---------------------------------------------------------------------------------|--------|---------|
| 95.  | Tibetan beef / Tibetaanse rundvlees .....                                       | 西藏牛肉   | € 15,50 |
| 96.  | Tibetan special beef / Tibetaanse speciale rundvlees .....                      | 西藏特別牛肉 | € 15,50 |
| 98.  | Caveman style beef / Holbewoner-stijl rundvlees .....                           | 西藏酸菜牛肉 | € 15,50 |
| 100. | Tibetan popular beef SPECIAL /<br>Tibetaanse populaire rundvlees SPECIAAL ..... | 西藏流行牛肉 | € 15,50 |

### Lamb / Lamsvlees

- |      |                                                                                 |        |         |
|------|---------------------------------------------------------------------------------|--------|---------|
| 106. | Tibetan lamb / Tibetaanse lamsvlees .....                                       | 西藏羊肉   | € 16,50 |
| 107. | Tibetan special lamb / Tibetaanse speciale lamsvlees .....                      | 西藏特別羊肉 | € 16,50 |
| 109. | Fried spicy lamb with onions /<br>Gebakken pikante lamsvlees met uien .....     | 西藏蔥爆羊肉 | € 16,50 |
| 111. | Tibetan popular lamb SPECIAL /<br>Tibetaanse populaire lamsvlees SPECIAAL ..... | 西藏流行羊肉 | € 16,50 |
| 112. | Chilli lamb / Pikante lamsvlees .....                                           | 西藏辣椒羊肉 | € 16,50 |

## Sichuan Dishes / Sichuan Gerechten

### Beef / Rundvlees

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

141. Sichuan beef / *Sichuan rundvlees* ..... 四川牛肉 € 15,50  
144. Beef with cashewnuts / *Rundvlees met cashewnoten* ..... 四川腰果牛肉 € 15,50  
145. Beef with green pepper and black beans /  
*Rundvlees met paprika en zwarte bonen* ..... 四川豉椒牛肉 € 15,50  
148. Beef with vegetables / *rundvlees met groenten* ..... 四川什菜牛肉 € 15,50

### Pork / Varkensvlees

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

152. Spicy pork with peanuts / *Pikante varkensvlees met pinda's*... 四川宮保豬肉 € 14,50  
153. Pork with cashewnuts / *Varkensvles met cashewnoten* ..... 四川腰果豬肉 € 14,50  
156. Chili pork / *Pikante varkensvlees* ..... 四川辣椒豬肉 € 14,50

### Chicken / kip

(Rice is served with every meal / Rijst is bij de maaltijd inbegrepen)

157. Sichuan chicken / *Sichuan kip* ..... 四川雞肉 € 13,50  
158. Spicy chicken with peanuts / *Pikante kip met pinda's* ..... 四川宮保雞肉 € 13,50  
162. Chili chicken / *Kip in pikante saus* ..... 四川辣椒雞肉 € 13,50  
163. Chicken with vegetables / *Kip met groenten* ..... 四川什菜雞肉 € 13,50

## Special Tibetan Drink

|                                |   |      |
|--------------------------------|---|------|
| Tibetan medicine tea .....     | € | 3,95 |
| Tibetan butter tea .....       | € | 2,50 |
| Tibetan wine (per glass) ..... | € | 4,00 |

## Hot Drinks

|                                    |        |
|------------------------------------|--------|
| Chinese tea jasmine (per person) € | 2,00   |
| Pickwick tea .....                 | € 2,50 |
| Espresso .....                     | € 2,00 |
| Double espresso .....              | € 4,00 |
| Cappucino .....                    | € 3,00 |
| Coffee latte .....                 | € 3,00 |
| Coffee .....                       | € 2,50 |
| Milk tea .....                     | € 3,00 |
| Irish Coffee .....                 | € 7,50 |

## Soft Drinks

|                              |        |
|------------------------------|--------|
| Coca Cola .....              | € 2,50 |
| Coca Cola light .....        | € 2,50 |
| 7up .....                    | € 2,50 |
| Sisi Orange .....            | € 2,50 |
| Tonic .....                  | € 2,50 |
| BitterLemon .....            | € 2,50 |
| GingerAle .....              | € 2,50 |
| Orange Juice .....           | € 2,50 |
| Apple Juice .....            | € 2,50 |
| Spa. Red / Blue .....        | € 2,50 |
| Ice tea .....                | € 2,50 |
| Ice tea green .....          | € 2,50 |
| Spa mineral water 1,5L ..... | € 5,95 |

## Beer Heineken

|            |        |
|------------|--------|
| Pint ..... | € 4,00 |
|------------|--------|

## Bottle Beer

|                             |        |
|-----------------------------|--------|
| Amstel beer .....           | € 2,60 |
| Brand beer .....            | € 2,60 |
| Tsingtao beer .....         | € 4,00 |
| IJ beer (Famous local beer) |        |
| IJ beer regular .....       | € 4,00 |
| IJ beer dark .....          | € 4,00 |
| IJ beer white .....         | € 4,00 |

## House wine

|                                |         |
|--------------------------------|---------|
| Wine Red / White (glass) ..... | € 3,20  |
| Chablis .....                  | € 32,00 |
| House wine (bottle) .....      | € 18,50 |
| Rosè d' Anjou .....            | € 18,50 |
| Sake (set) .....               | € 5,50  |

## Apèriteves

|                           |        |
|---------------------------|--------|
| Sherry medium / dry ..... | € 3,20 |
| Port Red / White .....    | € 3,20 |
| Martini Red / White ..... | € 3,20 |
| Ricard .....              | € 4,00 |
| Campari .....             | € 4,00 |

## Spirits

|               |        |
|---------------|--------|
| Jenever ..... | € 3,20 |
| Vodka .....   | € 4,00 |
| Bacardi ..... | € 4,00 |
| Gin .....     | € 4,00 |
| Tequila ..... | € 4,00 |

## Whiskey's

|                                  |        |
|----------------------------------|--------|
| Chivas Regal .....               | € 6,50 |
| Jack Daniels .....               | € 6,50 |
| Jameson .....                    | € 6,50 |
| Johnnie Walker Red Label .....   | € 6,50 |
| Johnnie Walker Black Label ..... | € 6,50 |

## Cognac

|                              |        |
|------------------------------|--------|
| Remy Martin (V.S.O.P.) ..... | € 7,00 |
| Armagnac (V.S.O.P.) .....    | € 7,00 |
| Courvoisier .....            | € 6,50 |
| Martell .....                | € 6,50 |

## Liquers

|                     |        |
|---------------------|--------|
| Grand Marnier ..... | € 5,20 |
| Drambuie .....      | € 5,20 |
| Cointreau .....     | € 4,50 |
| Amaretto .....      | € 4,50 |
| Tia Maria .....     | € 4,50 |
| Bailey's .....      | € 4,50 |
| Sambuca .....       | € 4,50 |

## Dessert

|                           |        |
|---------------------------|--------|
| Ice-Cream .....           | € 3,50 |
| Ice-Cream Fruit .....     | € 4,50 |
| Ice-Cream Lychee .....    | € 4,50 |
| Ice-Cream Pineapple ..... | € 4,50 |
| Ice-Cream Chocolate ..... | € 4,50 |
| Fried Bananas .....       | € 5,20 |
| Fried Pineapple .....     | € 5,20 |

**THANK YOU FOR YOUR VISIT**